



Department of Community Medicine

The Department of Community Medicine at Malabar Medical College Hospital & Research Centre trains undergraduates, postgraduates and interns to think beyond the hospital wall — understanding disease in the context of the households, worksites and villages where it actually happens. Our teaching blends classroom learning with field immersion, and our research and outreach activities keep the department closely connected to the communities of Kozhikode district and beyond.

INFRASTRUCTURE

- ❖ Practical lab
- ❖ Research lab
- ❖ Museum
- ❖ Department library
- ❖ Demo rooms x 2
- ❖ PG Seminar Hall
- ❖ PG Room
- ❖ Faculty rooms
- ❖ Department office

UNDERGRADUATE (MBBS) PROGRAMME

Academic Activities

1. Theory classes — lectures, small group discussions (SGDs) and self-directed learning (SDL)
2. Practical classes, including Biostatistics
3. Clinical postings — seminars and clinico-social case discussions (CSCD)
4. Research projects under faculty supervision (undergraduates, FMGs and interns)
5. Field visits to places of public health importance
6. AETCOM and pandemic module
7. Family Adoption Programme
8. Oral paper and poster presentations at conferences
9. ICMR STS projects and KUHS Research Appreciation Award projects
10. NSS & Student Council activity guidance

Visits to Places of Public Health Importance

Students regularly visit places of public health importance like Anganwadis, Primary Health Centres, water treatment plants etc. as part of their public health orientation, alongside participation in community awareness drives.



Family health centre visit



Subcentre Visit



Anganwadi visit



Water Treatment Plant visit, Koomully



Tile Factory Visit



Sewage Treatment Plant Visit



Rehabilitation Centre Visit

Family Adoption Programme

A total of **2150 families** have been adopted by the department under the family adoption programme. Each student is allotted 3 families which are followed up during their period in the institute. A minimum of 4 visits per student in each phase is ensured. The activities carried out during their visits include- household survey, health education, transect walk, source reduction activities, clean up drives, medical camps etc.

FAP House Visits



Health Education sessions during FAP



Medical camps as part of FAP



POST GRADUATE (MD) PROGRAMME

Academic Activities

1. Field and clinical postings
2. Palliative care posting
3. Journal club & seminar presentations
4. Clinico-social case discussions
5. Undergraduate teaching classes
6. Coordinating undergraduate clinical posting batches under faculty supervision
7. Guiding undergraduate students in research under faculty supervision
8. Master Class sessions for faculty and postgraduates
9. Family Adoption Programme
10. CMEs and workshops

From the 2023 admission batch onwards, the annual intake for the MD Community Medicine postgraduate programme has been increased to five seats.

Community Outreach activities

HEALTH EDUCATION SESSIONS



Health talk at Sahani hospital in observance of the international day against drug abuse and illicit trafficking, June 26 2025



Health talk on the importance of breast feeding at Malarvaadi Anganwadi Kunduparamba on 07/08/25



Health talk at Sahani hospital as a part of Poshan Pakhwada on 22/04/25



Health talk on lifestyle diseases, communicable diseases and common seasonal diseases at Govt polytechnic college, Kozhikode on 06/06/26



Health talk on heat waves at UHTC Kunduparamba on 30/04/26



Health talk on geriatric diseases at UHTC Kunduparamba 26/06/25

Health talks under Poshan Pakhwada and community outreach — Anganwadi, Govt. Polytechnic College & UHTC Kunduparamba

HEALTH CAMPS



Medical camp at Savio A.L.P school, Devagiri, Medical college, Kozhikode on 11/11/25



As a part of Poshan Pakhwada, medical camp was organized at unninilayam Anganwadi Kunduparamba on 21/04/25



Kottiyoor temple health camp from 02/06/2026 -06/06/2026



A medical camp was conducted at ulliyeri bustand on 19/5/26



Breast cancer screening camp at UHTC Kunduparamba on 8/8/25

Medical camps at Anganwadi, school, temple health camp and breast-cancer screening drive



World Environment Day



Hepatitis Awareness Programme — Ulliyeeri Bus Stand





THEERAM NSS UNIT
ANOKHA STUDENTS UNION
DEPARTMENT OF COMMUNITY MEDICINE
MALABAR MEDICAL COLLEGE

WORLD RABIES DAY AWARENESS PROGRAMME
 08 OCTOBER 2025

DEPARTMENT OF COMMUNITY MEDICINE
 Rabies Awareness
 MALABAR MEDICAL COLLEGE
 Kozhikode, Kerala

N.S.S. UNIT
 NATIONAL SERVICE SCHEME
 MALABAR MEDICAL COLLEGE
 Kozhikode, Kerala

ANOKHA

WORLD RABIES DAY
 SEPTEMBER 27

mmc

Rabies Awareness Programme — Koyilandi Bus Stand



Health Education sessions at UHTC Kunduparamba



Awareness rally on 'one health'

LAUNCH CEREMONY OF COLLABORATION OF MALABAR MEDICAL COLLEGE AND INSTITUTE OF PALLIATIVE MEDICINE, KOZHIKODE (FEB 2026)



FOUNDATION COURSE AT INSTITUTE OF PALLIATIVE MEDICINE (MAY 2026)



Master Classes



Master Class Series Health Economics

Master Class Series — Health Economics

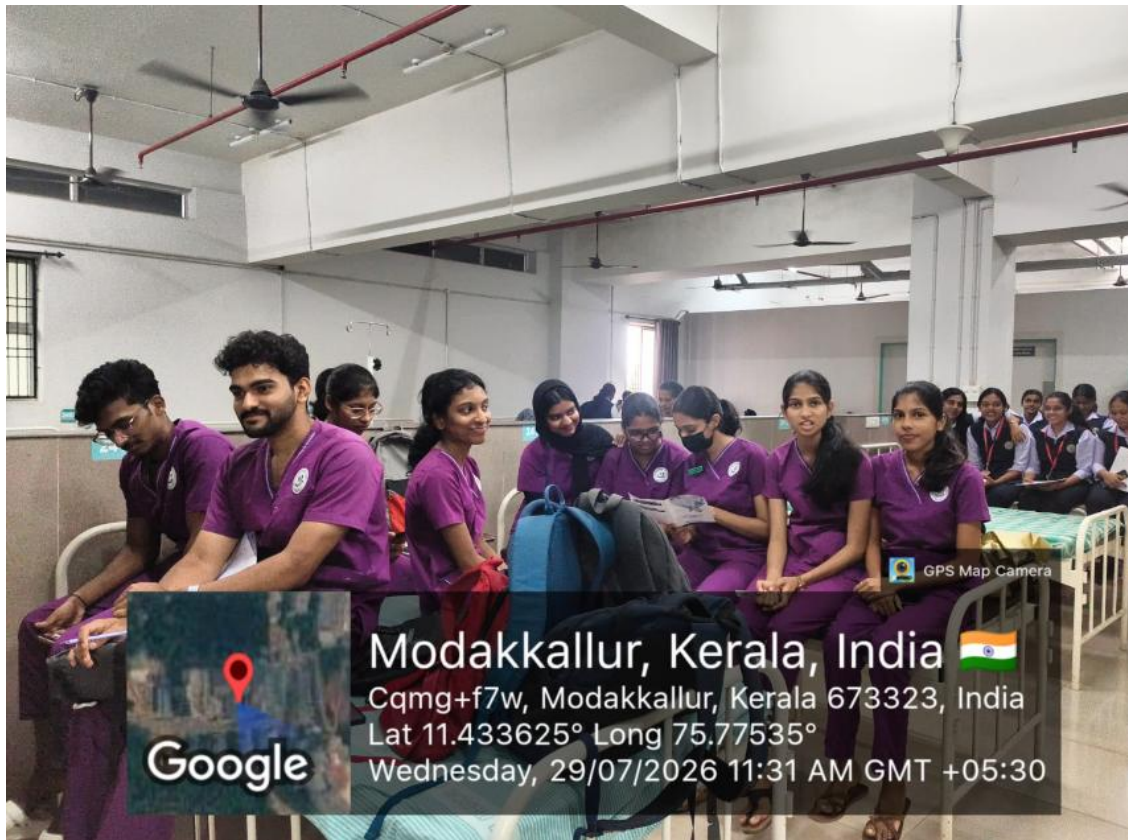
Preventive clinic

- IDSP & IHIP reporting of Communicable diseases
- Food Handler Annual Health Screening Program with Typhoid vaccination and Albendazole distribution.
- Vaccination for staff and students of MMCH&RC
- Health Education Sessions



Food Handlers Health Check up





Students Vaccination session

WORKSHOPS, CMES & CONFERENCES

The department regularly organises and participates in capacity-building workshops, CMEs and conferences for faculty and postgraduates.

Sl. No.	Workshop / CME / Conference	Date
1	Research Methodology Workshop	4th–6th July 2022
2	Research Methodology Workshop	9th–11th Feb 2023
3	Research Methodology Workshop	7th–9th Dec 2023
4	Infectious Disease & Surveillance Workshop	27th Feb 2024
5	Research Methodology Workshop for Ph.D. Aspirants (Cognitio 2024)	19th–20th April 2024
6	EPHACON National Conference	14th–15th June 2024
7	Workshop on Artificial Intelligence	28th Sept 2024
8	ILLUME — Research Methodology Workshop for Faculty	6th–7th Nov 2024
9	Research Methodology Workshop	28th–29th April 2025
10	COALESCE — Mixed Methodology Workshop	16th–17th May 2025
11	Master Class Series — Health Economics	30th May 2025
12	CME on One Health	15th Nov 2025
13	Health Economics Master Class Series (4 sessions)	30th May, 17th July, 26th Aug & 26th Nov 2025
14	Health Economics Workshop — Money Matters in Health	11th & 13th Jan 2026
15	Grant Writing Workshop	2nd, 4th, 6th & 7th March 2026
16	Research Methodology Workshop for Protocol Writing	26th–27th March 2026
17	Faculty Development Programme Session	24th April 2026
18	Foundation Course in Palliative Medicine for Faculty & PGs	20th & 22nd May 2026
19	INQUIRY — Qualitative Methodology Workshop	19th–20th June 2026

Achievements

Student Achievements & Awards



★ **Alitza Riyas K. (MBBS 2023)** — First Prize, Oral Paper Presentation, JIPMER, Puducherry (March 2026)

Guided by Dr. Shilpa Karir, Dr. Shakhy Vati, Dr. Prasily P.



★ **Shreya P. (MBBS 2022)** — Best Paper Award, 15th NATCON 2025, Government Medical College, Thiruvananthapuram. *Guided by: Dr. Shilpa Karir, Dr. Swathi C.*



★ **Jahnavi A. S. (MBBS 2022)** — Second Prize, Poster Competition, JUBICON 2025
Guided by Dr. Krishnaraj J. S.



★ **Yagyanshu (MBBS 2022)** — Second Prize, Journal Club Presentation, JUBICON 2025
Guided by Dr. Remya Ramachandran

★ **Safa Siraj (MBBS 2021)** — KUHS UG Research Appreciation Award winner (2024–25)

Guided by Dr. Sobin Sunny

★ **Sarga (MBBS 2022)** — Selected for KUHS UG Research Appreciation Award (2025–26)

Guided by: Dr. Swathi C.

★ **Jasna K. (MBBS 2022)** — Selected for KUHS UG Research Appreciation Award (2025–26)

Guided by Dr. Shakhy Vati

★ **Pooja Sathyendran (MBBS 2022)** — Selected for KUHS UG Research Appreciation Award (2025–26)

Guided by: Dr. Krishnaraj



Dr Swetha Nirmal P. (PG 2023 Batch), 1st Prize in Poster presentation at COMMEDCON State Conference, SNIMS, Kochi. Guided by Dr George P. Jacob and Dr Swathi C.

FACULTY ACHIEVEMENTS & AWARDS



Dr Shilpa Karir- Successful completion of ACME



Dr Krishnaraj J.S.- Copyright achievement



Dr Sobin Sunny- Best Teacher Award (2023 & 2024)



Dr Shakhy Vati- 3rd Prize, Faculty Paper Presentation, MESCON